**CHARLESTON**

Visual: Great Gatsby, cheeky flapper girls, jazz hands

**CHARLESTON KICK** two kicks, clap

**PUSHES & TWIST** pushes build (always comes in with the vocal)

**CHARLESTON TWIST BASIC** x8 counts each side

**PENGUIN** down up, down up, steps 1,2,3,4 then going round

Shorthand

Music: 4 counts in

Set 1

Trumpet, single, single, double, (2 up, 2 down) Jazz band feel

Round the world jazz hands

C. Kick

Pushes and Twist

C. Twist

Pushes and Twist

Set 2

Round the world jazz hands

C. Kick

Penguin (4 on the spot, then 4 going round facing each wall)

Trumpet

Finish with fun trumpet pose

TIPS

C. kick: leg at 90 degrees, no higher and deep step back lunge

Pushes: just move hips and turn on the heels to each corner, building and pushing forward to each corner. After twists, close on the last count

Penguin: when going round, turn on the pendulum leg. Stay

on the spot for the 4 steps (get low)