

## New Charleston 2018

Visual: Great Gatsby, cheeky flapper girls, jazz hands

**SHIMMY** 4 steps forward, 4 steps back twisting...hands going up and down the body

**SAILOR** single, single, double....changing legs wagging your finger.

**FLAPPER BIRDY** x4 diagonal, x4 other diagonal...lifting the arms on the unfolding leg Repeat x 2 each side.

**STRUMPET TRUMPET** knees connected, single, single, double...on the spot and then travelling. (keep knees bent)

**BREAK STEP** A puppet movement of out in out of the knees, finishing with a Charleston basic (repeat)

Shorthand

Music: 4 counts in

Shimmy 2 sets

Sailor 2 sets

Flapper birdy 2 sets of 4 flaps, then 4 sets of the two flaps

Strumpet trumpet 4 sets on the spot and 4 sets travelling forward and back.

Shimmy 2 sets

Sailor 2 sets

Flapper birdy

Strumpet Trumpet

Break step 4 sets

Shimmy

Sailor x4 sets, Double time !

Flapper Birdy 2 sets of 4 flaps, then **double time, 8** sets

of the two flaps

Strumpet Trumpet as music is speeding up..

Finish with Shimmy 2 sets of 8 in

circles....and POSE !

## TIPS

: always have bent knees throughout. Flapper birdy : step down with the arms down and then unfolding the legs, arms come up overhead. Don't travel this if you can. In the Strumpet Trumpet, keep the knees tight together to create the style and bend over. Provide example of how NOT to twist the knees inwards.